

FAQ'S

Where do we register?

Registration forms can be mailed to the contact information below and checks for the camp should be made out to Michael Lynch or Leicester Basketball Clinic.

When does registration end?

We encourage campers to register ASAP to help with preparation, but we will accept registrations up until the first day of the camp. Campers should be aware that T-shirts may not be available for those campers who register on the first day.

Do we need to pack a lunch?

Campers will need to pack their own lunch. There is a designated snack and lunch-time built into the schedule each day. There will be water provided all day and Gatorade sold for \$2 during the breaks.

Where is pick up and drop off?

Both pick up and drop off will take place at the Leicester Middle School gymnasium.

COACH LYNCH

Coach Lynch is the director of the Sports Clinic. He is a High School History Teacher and has over 20 years of experience as a coach at the youth and high school levels.



COACH LYNCH SPORTS CLINIC

JUNE 24-27

9 AM - 2 PM

Co-Ed - GRADES 1-9

\$175

(\$50 Sibling Discounts Available)

LEICESTER MIDDLE SCHOOL



MAILING INFO

Michael Lynch

488 Marshall Street

Leicester, MA 01524

MESSAGE FROM COACH LYNCH

The Sports Clinic is designed for kids of all athletic abilities to take part in a fun week of games, exposure to new activities, and all the sports we can squeeze into four days.



TRADITIONAL SPORTS WE PLAN TO PLAY:

- SOCCER
- SOFTBALL
- WIFFLEBALL
- FLOOR HOCKEY
- BASKETBALL
- FLAG FOOTBALL
- VOLLEYBALL
- BADMINTON
- ULTIMATE FRISBEE

ADVENTURE/TEAM BUILDING ACTIVITIES:

- CAPTURE THE FLAG
- TEAM BUILDING
- HIKING
- PREDATOR & PREY (WHOLE CLINIC GAME)
- PIRATE BALL
- & More....

DAILY SCHEDULE

WE WILL ADJUST THE SCHEDULE TO ADD SOME VARIETY THROUGHOUT THE WEEK BUT GENERALLY FOLLOW A SIMILAR FORMAT EACH DAY.

8:30 - 9:00 - ARRIVAL, STRETCH & WARM-UP

9:00 - 9:40 - SESSION 1 - ASSIGNED

9:50 - 10:30 - SESSION 2 - ASSIGNED

10:40 - 11:30 - SESSION 3 - ASSIGNED

11:30 - 12:00 - LUNCH

12:00 - 12:15 - FREE SHOOT IN GYMNASIUM

12:15 - 1:00 - SESSION 4 - CHOICES

1:00 - 1:50 - SESSION 5 - CHOICES

1:50 - 2:00 - STRETCHING LINES/ DISMISSAL

NOTES:

EACH DAY THE SCHEDULE IS BROKEN DOWN INTO FIVE SESSIONS, WHERE KIDS WILL HAVE THE CHANCE TO PLAY TRADITIONAL TEAM SPORTS, TRY OUT MORE UNIQUE SPORTS, AND TAKE PART IN ADVENTURE/TEAM BUILDING SESSIONS.

THERE WILL BE A SHORT AWARDS CEREMONY ON THURSDAY AT 1:45 PM WHERE WE GIVE OUT A FEW COACHES AWARDS AND GATORADES BEFORE DISMISSAL.